

2020 TRAINING SCHEDULE

FREE, INTRODUCTORY LEVEL, workshops designed for people working in any helping profession, whose daily work encounters/engages people with substance use disorders.



Specific clinical, evidence-based practices are not covered.

For advanced training & additional topics visit the NH Training Institute on Addictive Disorders: <http://www.nhadaca.org/training-events/> or call 603-225-7060



Initial Training on Addiction & Recovery

This **INTRODUCTORY** workshop on addiction and recovery is designed to raise awareness and understanding of the dynamics and impact of addiction on people whom we serve. It will cover the neurological basis of addiction; mental, behavioral, emotional and spiritual dimensions; stages of change; recovery; motivational techniques and resources. ***This course is pre-approved for 6 CEUs.***

Learning Objectives

- Describe the neurological process of addiction
- Explain how addiction manifests in various aspects of the whole person (mental, physical, emotional, spiritual)
- Identify the 5 stages of change
- Match intervention strategies to stages
- Access appropriate resources for addressing alcohol and other drug concerns

Time:
8:30 am—4 pm
1 hr. lunch "on your own"

DATE	LOCATION
February 20	Training Institute
May 6	PH Auditorium
August 19	Training Institute
October 15	Training Institute

LOCATIONS

Public Health (PH) Auditorium
Div. of Public Health Bldg.
29 Hazen Dr., Concord, NH

NH Training Institute on Addictive Disorders
130 Pembroke Rd. , Suite 100
Concord, NH

These are **INTRODUCTORY LEVEL** workshops.
Specific clinical and evidence-based practices are not covered.

Families & Addiction

This **INTRODUCTORY** workshop explores how the addiction of the individual affects the entire family system. Special attention will be paid to the effects on the children in the family and discussion will center on strategies and resources to help increase their resiliency and coping skills. ***This course is pre-approved for 3 CEUs.***

Learning Objectives

- Describe the effects of addiction on the family
- Recognize roles within a family with addiction
- Identify strengths and needs associated with particular behavioral patterns of children in families with addiction
- Make appropriate interventions and referrals to community-based resources

Participants are **strongly encouraged** to attend the "Initial Training on Addiction & Recovery" **prior to taking** the Families & Addiction workshop .

Time:	DATE	LOCATION
8:30 am—Noon	February 21	Training Institute
	May 7	PH Auditorium
	August 20	Training Institute
	October 16	Training Institute

Pre-registration is required as seating is limited.

To register, or for more information, please contact

Olivia Afshar

Phone: 603-271-6822

E-mail: AODTrainingCoordinator@dhhs.nh.gov

Pre-approved continuing education credits through the NH Board of Licensing for Alcohol and Other Drug Use Professionals, the NH Prevention Certification Board, and the Collaborative of NASW-MA Boston College and Simmons College Schools of Social Work are included at no cost.

The same training is offered 4x per year.

Please choose 1 date for each training when registering.

If accommodations are needed for communication access such as interpreters, CART (captioning), assistive listening devices, or other auxiliary aids and/or services, please contact Olivia Afshar (contact info above).

5 business days advance notice is requested in order to assure availability; requests made fewer than 5 days prior to the event will attempt to be accommodated, but cannot be guaranteed.